

RESOURCE LIST

The following list of readings, videos and further resources has been compiled by [Simpson Training](#) to enhance a general understanding of trans and non-binary gender identities. Being an ally to the trans community doesn't start and end with a training session but is instead a longer process of unlearning gender stereotypes, practicing active listening and growing as an empathetic person. This resource list is designed to support that further learning.

RESOURCES USED BY SIMPSON TRAINING

- [!\[\]\(38441ceaa711016e0bf2ad46ad394ff4_img.jpg\) The Trans Mental Health Study \(2012\)](#)
- [!\[\]\(6e027340d4263908f264926b1ad81c5e_img.jpg\) Transgender Equality Inquiry \(2016\)](#)
- [!\[\]\(781510d64f329bf3c880acf086e884d6_img.jpg\) Global Attitudes Towards Transgender People – Ipsos \(2018\)](#)
- [!\[\]\(93cdf5b84f2bfec404f7441e84b6ba5c_img.jpg\) Stonewall Facts & Figures](#)
- [!\[\]\(0f0f932ce3b5577a82f34ad23239a6e5_img.jpg\) Transphobic Hate Crime Rise \(2016\)](#)
- [!\[\]\(eae2be0f6c865f0a2febc97c99fc2475_img.jpg\) Statistics from Public Health England](#)
- [!\[\]\(beb73fa08c38b910d1745a8873b27d81_img.jpg\) BBC Three: Things Not to Say to A Trans Person](#)
- [!\[\]\(b5401e964162c76526213b8e70b40c2e_img.jpg\) Person-centred Planning](#)

FURTHER RESOURCES ON TRANS IDENTITY

- [!\[\]\(30a147af384f9f71632c2ff17bc706c8_img.jpg\) Fox Fisher TEDx Talk \(VIDEO\)](#)
- [!\[\]\(9b33568d5c136f08ca688ce48be37574_img.jpg\) Reclaim!'s Trans 101](#)
- [!\[\]\(8c93063dab026f10e159986b27c41c64_img.jpg\) Stonewall Guide on Gender Identity](#)
- [!\[\]\(8a17676a8da87a4e59299223a765e613_img.jpg\) Gender Dysphoria & Body Dysmorphia: What's the Difference?](#)

'HOW TO' GUIDES WRITTEN BY TRANS PEOPLE

- [!\[\]\(f2fdbbba686c1099e6b2b8779766e2d3_img.jpg\) Real Talk with Trans People](#)
- [!\[\]\(b3cfbfd04368a71f4c64e073908d25d7_img.jpg\) Transvivor Guide & Resources](#)
- [!\[\]\(4f8bc95274d4d489592709b569351eb7_img.jpg\) National Centre for Transgender Equality](#)
- [!\[\]\(68986557a06757f8727dab2acf01c000_img.jpg\) 11 Ways to be a Trans Ally](#)
- [!\[\]\(3bbb1d3234ca5d7e3145ce1334035a2b_img.jpg\) GLAAD Tips](#)

READING ON TRANS HISTORY



- 📖 [Invisible Lives: The Erasure of Transsexual and Transgendered People \(2000\)](#)
- 📖 [Transgender History: The Roots of Today's Revolution \(2017\)](#)
- 📖 [Trans Britain: Our Long Journey from the Shadows](#)
- 📖 [Queer: A Graphic History \(2016\)](#)
- 📖 [Queer, There and Everywhere: 23 People Who Changed The World \(2017\)](#)

TRANS IDENTITY & ACTIVISM

- 📖 [Unsung Heroes: Marsha P. Johnson and Sylvia Rivera](#)
- 📖 [The Long & Proud History of Transgender Activism](#)
- 📖 [Trans Activism Beyond Caitlyn Jenner](#)
- 📖 [A Trans History: Time Marches Forward And So Do We \(VIDEO\)](#)

