



ISSUE 9—02 MARCH 2010

Welcome to this week's edition of the Sports Union e-newsletter

Semester two is now in full swing and 2010 has started very well for the Sports Union.

Results have been rather good so far with encouraging results in the BUCS Championships against some of the UK's top teams. A number of teams, including Women's basketball and Men's 2nd team tennis, managed to survive a few rounds of the BUCS knock-outs. With knock-outs for both Rugby and Golf fast approaching, everyone at Stirling has reason to be confident of continued success.

Following a championship winning season the Men's football and basketball teams both faced play-offs to be promoted into the BUCS Premier League. Stirling's footballers travelled to a Nottingham side which had been undefeated all season and ran out very comfortable 3-1 winners. Stirling are now in the driving seat to secure a place in the Premier League and a draw at home to Leeds Met will secure this. Unfortunately, the basketball team came up against an inspired Durham side and lost out at home. The guys now face an uphill battle to gain qualification to the Premier League.

More good news for the Sports Union came last week when it was confirmed that the funding for the coaching programme has been secured for 2010/11. This year witnessed the introduction of the pilot programme which has seen 12 coaches employed on behalf of SU clubs. We are currently working hard to employ more coaches and get as many students through coaching qualifications with the ultimate aim of providing a qualified coach for every club. We expect to be half way to doing this by the end of the year!

This news supports the additional funding made available for club budgets and capital equipment. This year the Sports Union has more than doubled its expenditure on clubs!

Coming up in the Sports Union over the next week or two are some exciting developments including the first ever Sports Union Sport Relief mile, the announcement of the Sports Union Ball venue and tickets sales and the Student Union elections.

It's a fantastic time to be involved in the Sports Union so please keep checking your emails and the website for further information.

Finally, congratulations to the Rugby Club who won the first ever Sports Union Question of Sport quiz last Wednesday winning £250 for their club. Spend it wisely Gentel

This week's highlights

BUCS Champs

- Results
- Fixtures
- Reports

Reports

- equestrian
- swimming
- volleyball

New website

Fixtures

Sports Union Quiz

Dates to note...

1st March

- Give it a Go week

10th—14th March

- BUCS Championships

17th March

- St Paddy's in the Union

19th March

- Sport Relief Mile

22nd/23rd March

- Sports Union election

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Jamie MacDonald
President

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BUCS Championships Update

RESULTS

Sport	Team	H/A	Opposition	EVENT	RESULT
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Basketball	Women's 1st	H	QMU	Trophy	59-36
Basketball	Men's 1st	A	Leeds Met	Championship	79-91
Tennis	Men's 1st	A	London Met	Championship	0-10
Tennis	Men's 2nd	H	Hull	Trophy	2-8

Website re-launched



stirlingsportsunion.com
the home of student sport

The new site will provide up to date news stories on sport at Stirling, upcoming fixtures, match reports and information for clubs, events information, competition information plus much, much more.

Check out www.stirlingsportsunion.com right now to see the website taking shape!

Physio-focus are back!

Physio-focus, our resident physiotherapists, are back from Wednesday 24th February. The sessions will run in the Tennis Centre Gallery Meeting room on Wednesday's from 1pm till 4pm.

The sessions offer free Physiotherapy to all Sports Union members, another fantastic SU cardholder benefit.



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PHYSIOTHERAPY & SPORTS INJURY CLINIC

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More success for Stirling's Swimmers

By Carly Dollman

On February 19th the Stirling University Swim Team set off for a two day competition, the Scottish Universities Swimming Championships, in Glasgow. The competition consists of racing on the Friday; an opening night out on the Friday; racing on the Saturday; and a closing ceilidh and disco on the Saturday night. All 13 of the Stirling swimmers swam extremely well with a total of 8 medals being won.

Steven Binnie topped the medal table by winning gold in his 100 metre individual medley and 200 metre freestyle, and coming second and third respectively in his 100 metre freestyle and 50 metre freestyle events. A third gold was achieved for the team with Tom Henley winning his 50 metre butterfly. Second places were also achieved by Jon Price in the



200 metre breaststroke and individual medley, and by Carly Dollman in the 100 metre freestyle. Throughout the event many personal best times were achieved, including Liam Doogan achieving a personal best time in his 50 metre freestyle event. The successful weekend was topped off with the Stirling swim team boys

being awarded a shield for winning the Scottish Universities swimming league, with the girls coming in third place, and a commendable overall placement for Stirling of second place. Well done everyone!

A Home win for A Team!

By Caitlin Stokes

The Equestrian club held their home match and final league match against RGU, Aberdeen and Dundee Universities at the beginning of February. Pressure was on for all four team members who had performed well in the previous 3 matches – Clare Wallace gaining 3rd place at the first match, Aislinn Malloy **winning** two matches, Caitlin Stokes 2nd place at the previous match and trusty team captain Heather Macgillivray riding consistently throughout while keeping us all in check...!

The dressage phase ran (relatively) smoothly, with all four Stirling girls coming 2nd on their horses with low scores – giving the team a provisional 2nd place half way. The show jumping round and final phase of the competition saw even better results, with Caitlin and Heather winning on their horses, while Clare and Aislinn got respectable scores in 2nd.

Final marks tallied up to give Clare 7th place, Aislinn 6th place, Heather 5th place and Caitlin 3rd place individually and meaning as a team Stirling were 1st **overall** – beating RGU who had so far been undefeated in the league.



Final marks tallied up to give Clare 7th place, Aislinn 6th place, Heather 5th place and Caitlin 3rd place individually and meaning as a team Stirling were 1st overall – beating RGU who had so far been undefeated in the league. Adding to a fantastic day was the knowledge that both **Aislinn and Caitlin** were the highest placed individuals in the league, qualifying them for the Regional round which will be held in Edinburgh at the end of March. This is the second year in a row the girls have achieved this and we wish them **Good Luck** for the next phase.

A huge thankyou must go to team Captain Heather Macgillivray for the time and energy she put into organising such a successful home match.

SUS VOLLEYBALL SUCCESS

Last Sunday (21st Feb) saw both the Men's and Women's Volleyball teams take part in their SUS Scottish Cups **writes Graeme Robb**.

This year it was the turn of the men to host the tournament at Stirling. In total there were 11 different universities from across Scotland taking part in the competition. Stirling entered being ranked 10th amongst the other universities and had a tough draw, with Edinburgh 1sts from the 1st Division, Aberdeen (undefeated so far) and wild card entry, Abertay in their pool.



The men's team battled through their first game beating Aberdeen comfortably (2-0), with Scott Currie smashing the ball to floor at every chance. They then went on to play Edinburgh 1sts but narrowly lost in both sets after a long battle. Abertay were next on the boy's agenda knowing that beating them would secure a place in the play off. In true form the guys battled their way to another victory (2-0) where both Iain McNicol (Outside) and Finlay Colville (Middle) received great sets from Captain Luke Blackwell to produce another win.

The play-off went Stirling's way when the guys quite easily defeated BUCS knockout and 1st division Napier University (2-0). The win meant that Stirling had a place in the Semi-Final, after 4 lengthy matches against teams ranked higher than Stirling, the guys finally tired and were defeated by Dundee (Winners of the cup), where injuries set in after 7 hours of matches.

The defeat in the Semi-Final meant that the Stirling team finished joint 3rd out of the 11 participating Universities ranking them the highest position in 5 years.

It wasn't only the men who did the Sports union proud on Sunday, the girl's team travelled to Dundee to participate in their cup. Led by Captain Amy Vadler, the girls saw off fellow 2nd Division teams Heriot-Watt and rival RGU (2-0). The matches saw big spikes from their team captain, Bianca Leibbrand and Louisa G-K. However they did find defeat through 1st division teams Dundee and Edinburgh, but were congratulated on their fighting spirits and the effort in which they tackled the matches. This left the girls just outside a semi-final place, but

captain, Bianca Leibbrand and Louisa G-K. However they did find defeat through 1st division teams Dundee and Edinburgh, but were congratulated on their fighting spirits and the effort in which they tackled the matches. This left the girls just outside a semi-final place, but ranked them 5th overall, another fantastic performance.

Both the men's and women's volleyball teams have developed vastly over the past 6 months and it wouldn't be without the help of their coach Giannos Panayiotakis (funded by the new sports union coaching program). It truly shows how much of an improvement can be made within clubs in such a short space of time, allowing students to perform at the levels they should be and making Stirling Uni proud.

This weeks fixtures...

Sport	Team	H/A	Opposition		Time
Wednesday 3rd March					
Football	Men's 4th	A	Glasgow Caley	Men's 2nd	13:00
Netball	1st	A	Heriot-Watt	1st	14:45
Golf	1st	H	Newcastle	1st	10:30
Football	Men's 1st	H	Leeds Met	Men's 1st	14:00
Football	Men's 3rd	A	RGU	Men's 2nd	14:00
Hockey	Women's 1st	A	Aberdeen	Women's 2nd	13:30
Football	Men's 2nd	A	Abertay	Men's 1st	14:00
Hockey	Men's 2nd	A	Aberdeen	Men's 2nd	15:00
Basketball	Men's 2nd	A	Aberdeen	Men's 2nd	18:00
Rugby Union	Women's 1st	H	Glasgow	Women's 1st	13:00
Tennis	Men's 3rd	A	Strathclyde	Men's 1st	12:15
Football	Women's 1st	A	Strathclyde	Women's 1st	14:00
Rugby Union	Men's 2nd	A	Heriot-Watt	Men's 2nd	14:00
Rugby Union	Men's 1st	H	Durham	Men's 2nd	15:00
Saturday 6th March					
Netball	2nd	A	Edinburgh	5th	09:00
Netball	3rd	H	Aberdeen	4ths	13:00
Badminton	Mixed 1st	A	Aberdeen	Mixed 1st	14:30
Sunday 7th March					
Volleyball	Men's 1st	A	WofS	Men's 1st	13:00

In the Union this week...

Tonight - Alternate Frequency - Alternative music night in Glow till 1am - Free entry

Wednesday - Scotland v Czech Republic - 8pm - Studio

Thursday - Rock Night - Glow - £1 entry

And last week...

The men's Rugby team ran out winners of the first ever Sports Union Sports Quiz. In a close fought contest they prevailed over the Men's Hockey and the cricket club to win £250.

Keep an eye out for the next Sports Union Quiz night!

REFRESHERS >>> 100

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SPORTS QUIZ
FEB 24TH 2010

Studio 9:30pm

Winning team wins £250 for sports team of choice.










University of Stirling Sports Union

University of Stirling Sports Union

e-newsletter



